

Be Well™ Acres Homes

Building a healthier community together

Be Well™ Acres Homes is an initiative of The University of Texas MD Anderson Cancer Center in collaboration with the Acres Home Chamber for Business and Economic Development, Inc., the Acres Homes Super Neighborhood Council and more than 30 community organizations united together with residents of Acres Homes.

OVERALL IMPACT

34	organizations represented on the community-driven Be Well Acres Homes Steering Committee
4,600+	hours of capacity building, technical assistance, project management and program evaluation provided by the Be Well Communities™ team
84%	of Acres Homes community reached with an evidence-based intervention
48K+	individuals impacted in Acres Homes
93%	of Steering Committee members reported strengthening existing partnerships in the community through their participation in the Steering Committee

“Thanks to the support from Be Well Acres Homes, the Compassion in Action program can provide extended food distributions, making it easier for working families to access healthy food on select Wednesday evenings and Saturday mornings.”

— TONYA DIXON,
The Community of Faith Church,
Compassion in Action

25 evidence-based interventions implemented in four target areas: **healthy eating, active living, sun safety and tobacco-free living.**



HEALTHY EATING**9.1M+**

pounds of healthy food distributed

107%

increase in participation at the Acres Homes Chamber of Business and Economic Development Farmers Market

101

garden beds built and revitalized

2,900+

people received nutrition education

ACTIVE LIVING**7,700+**

people participated in physical activity classes and programs

SUN SAFETY**15**

sunscreen dispensers installed in schools and community sites

86%

of students who participated in the Aldine ISD Active Kids After School program showed improvement in their cardiovascular fitness

15,000+

students received sun safety information

23

sunshades installed at city parks and schools

12

pieces of outdoor fitness equipment installed in the Acres Homes community

TOBACCO-FREE LIVING**30**

staff members trained in evidence-based tobacco cessation programming

12,000+

students participated in a coordinated school health approach

A SPECIAL THANKS TO THE BE WELL ACRES HOMES STEERING COMMITTEE

10th Fitness LLC • Acres Home Chamber for Business and Economic Development, Inc • Acres Homes Community Advocacy Group • Acres Homes Super Neighborhood Council • Acres of Angels • Aldine ISD • Back to Eden • BakerRipley • Beauty's Community Garden • Brighter Bites • City of Houston Health Department • City of Houston Parks and Recreation Department • Civic Heart Community Services • Collaborating Voices Foundation • Harris County Precinct 1 • Harris Health • Healthy Outdoor Communities • Honor Humanity • Houston City College • Houston Food Bank • Houston Parks Board • Kings Bike and Hike Community • Lone Star College – Houston North • Memorial Hermann Community Benefit Corporation • METRO • Nature and Eclectic Outdoors • Near Northwest Management District • Prairie View A&M University • The Community of Faith Church - Compassion in Action Program • The Harris Center for Mental Health and IDD • The Metallic Sunflower Foundation • The University of Texas MD Anderson Cancer Center • University of Houston HEALTH Center for Addictions Research and Cancer Prevention • UTHealth Houston School of Public Health • UT Physicians Multispecialty Victory and Greens